



77th IAFP Annual Convention
July 16-19, 2026
French Lick Resort

Agenda

CME PROGRAM DESIGNED FOR FAMILY PHYSICIANS

Earn up to 17.0 AAFP Prescribed CME credits plus an additional 8 AAFP Prescribed CME credits per KSA Study Group at a meeting planned by family physicians to meet the needs of family physicians. Our medical education program is based specifically on previous attendee evaluations and member needs assessments. Four ABFM KSA Study Groups will be offered as optional sessions (two concurrent KSAs on Thursday afternoon; two concurrent KSAs on Sunday morning), each offering 8 AAFP Prescribed CME credits.

EARLY BIRD REGISTRATION PRICING

Please note: Onsite registration fee will increase by \$100

	AAFP Member	Non-AAFP Member
Full Conference Registration Fee	\$695	\$795
Includes: One KSA Study Group on Thursday; all General CME Sessions on Thursday, Friday, and Saturday; one KSA Study Group on Sunday; PDF of syllabus materials. IAFP members may also attend the Saturday lunch sessions of the Congress of Delegates. 4 tickets to Friday's Trivia Night are also included!		
Thursday	\$295	\$395
Friday	\$295	\$395
Saturday	\$295	\$395
Sunday (KSA Only)	\$225	\$325
Please Note: Academy Business Meetings are open to all IAFP members regardless of attendance at CME sessions - you may register free of charge using the registration form on our website.		
Electronic Syllabus	Free	Free
Printed Syllabus	\$100	\$100
Friday evening Trivia Night (Additional Ticket)	\$25	\$25
Note: 4 tickets are included with full conference registration (attendees aged 2+ require a ticket)		

AAFP Prescribed CME Credits By Day

Assuming all CME sessions are attended:

Thursday	3.75 credits for CME; 8.0 credits for KSA Study Group
Friday	7.5 credits for CME
Saturday	5.25 credits for CME
Sunday	8.0 credits for KSA Study Group

Application for CME credit will be filed with the American Academy of Family Physicians. Determination of credit is pending. Updated credit certificates will be available on site.

Thursday, July 16

7:45am - 8:45am

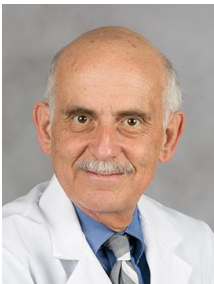
CME Breakfast

Advancing the Early Detection of Lung Cancer: A Multipronged Educational Initiative to Elevate Evidence-Based Screening Practices - Israel Rubinstein, MD

Learning Objectives:

At the end of the presentation, participants will be able to:

- Initiate low-dose CT screening in all eligible patients at risk of lung cancer to improve clinical outcomes in patients with lung cancer
- Identify factors impeding the broad use of low-dose CT screening for lung cancer in clinical practice
- Screen patients in underserved populations at risk for developing lung cancer using low-dose CT to improve early detection and treatment of lung cancer
- Communicate the importance of screening for lung cancer with low-dose CT with patients at risk of lung cancer to facilitate adherence to screening recommendations



Israel (Rudi) Rubinstein, MD, is an ABIM-certified clinician-scientist that regularly attends to patients with life-threatening respiratory diseases at University of Illinois Health and Jesse Brown VA Medical Center (JBVAMC) in Chicago, Illinois. He is also the Associate Chief of Staff for Research and Development at JBVAMC, and a Professor of Medicine at the University of Illinois Chicago. His clinical research endeavors to embrace the 'bench-to-bedside-to bench' thematic approach with focus on human-made and environmental toxicology and lung cancer. In his spare time, Dr. Rubinstein listens to classical music, reads contemporary history books, and hikes with his dog Cleo.

9:00am

Opening of IAFP Annual Scientific Assembly and Call for Late Resolutions

9:05am - 12:00pm

Morning CME Workshop *Opioid Response Network Integrating Substance Use Disorder (SUD) Treatment Into Your Practice: Tips & Best Practices* - Mark DeNardin, DO; Aidan Koch, DO

Primary care clinicians are well suited to integrate care for people who use drugs (PWUDs) and people with substance use disorder (SUD) into their practices, delivering the patient-centered, recovery-oriented care that patients want and need. Their role is particularly important in light of the persistent shortage of addiction medicine specialists in the United States. Evidence-based approaches such as screening, brief intervention and referral to treatment (SBIRT) serve as a framework for identifying people with risky

substance use and, after additional evaluation, may identify people with SUD. Family physicians play a critical role in providing access to pharmacologic treatment options for SUD, so referral to treatment includes referral within the practice.

Learning Objectives:

- Describe why integration of care for patients who use drugs (PWUDs) into primary care is important
- Identify current trends and workflows within your practice regarding care for patients with SUD
- Discuss strategies and steps to integrate care for patients who use drugs (PWUDs) into your primary care setting

12:00pm - 5:30pm Exhibits Open

12:00pm - 1:30pm Past Presidents' Lunch

12:00pm - 1:30pm **CME Lunch**
Legislative Update - Grant Waggoner

Learning Objectives:

- Summarize key outcomes of the 2026 Indiana General Assembly affecting the practice of family medicine and patient care
- Explain how recently enacted Indiana legislation may affect clinical practice, public health initiatives, and physician licensure or regulatory requirements
- Identify policy priorities likely to be considered during the 2027 legislative session
- Recognize opportunities for family physicians to engage in the legislative process and advocate effectively on behalf of their patients and the specialty of family medicine



Grant Waggoner is a Partner at 1816 Public Affairs Group in Indianapolis. He is a registered lobbyist, representing clients including the IAFP across several industries including healthcare. A multi-client lobbyist since 2018, Grant provides value to firm clients through a network of relationships at the federal, state and local levels.

Prior to joining 1816, Grant served as Vice President of Governmental Affairs for KWK Management Group. In this role, he assisted clients in navigating the legislative and administrative branches of government as well as represented interests before local municipalities. Grant began his career in politics in 2012 as a fundraising coordinator for former Secretary of State Connie Lawson's re-election campaign.

Grant is a graduate of Indiana University Bloomington with a BS in Political Science. He is a member of the Governmental Affairs Society of Indiana (GASI), Big Brothers Big Sisters of Central Indiana and a graduate of the Indiana Leadership Forum (ILF). He is a sitting board member for both GASI and ILF.

1:30pm - 5:00pm KSA Study Group: *Diabetes (Concurrent Session)*

- David Harsha, MD, FAAFP

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
- Facilitator will guide you through all 60 questions of the Knowledge Self-Assessment (KSA) module, part of the ABFM's certification process.
- Engage in discussion and debate to help you decide on the correct answer as a group.
- Benefit from automatic reporting of your answers to the ABFM – your account will show you've successfully completed this KSA.
- Earn 8 AAFP Prescribed CME credits and 10 ABFM Certification Points following successful completion of this session.
- KSA Study Group registration is limited to enable group discussion - please register as early as possible!

1:30pm - 5:00pm KSA Study Group: *Palliative Care (Concurrent Session)*

- Juan Carlos Venis, MD, MPH, FAAFP

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
- Facilitator will guide you through all 60 questions of the Knowledge Self-Assessment (KSA) module, part of the ABFM's certification process.
- Engage in discussion and debate to help you decide on the correct answer as a group.
- Benefit from automatic reporting of your answers to the ABFM – your account will show you've successfully completed this KSA.
- Earn 8 AAFP Prescribed CME credits and 10 ABFM Certification Points following successful completion of this session.
- KSA Study Group registration is limited to enable group discussion - please register as early as possible!

2:30pm - 4:00pm Board of Directors Meeting

6:00pm - 7:00pm Reference Committee

7:00pm - 9:00pm All Member Reception

Friday, July 17

7:45am - 8:45am **Breakfast**

8:30am - 5:00pm Exhibits Open

9:00am - 12:00pm **Essential Evidence CME Program**

This popular format, taught by nationally-recognized faculty (see following page for bios), will review and analyze recent findings from pertinent clinical research with a focus on immediate implications for your daily practice. This is a fun and engaging CME program with no clinical bias and a focus on practical application. The faculty will provide an engaging, rapid-fire review of the most important research publications of the past two years. They will present and critically appraise new research evidence and meta-analyses in 30-minute blasts that will either change your practice or confirm that your current approaches are supported by solid evidence from randomized trials and other high quality studies. Each section ends with a bottom-line summary of key take home points.

Morning Session:

9:00am - 9:45am

Top 20 POEMs of 2025 (Barry)

Objectives: At the end of this session, the participant will be able to:

- Discuss the top 20 research studies for primary care.
- Discuss how these research studies have potential to change practice.
- Discuss POEMs consistent with the principles of the Choosing Wisely campaign

9:45am - 10:30am

Hypertension (Rowland)

Objectives: At the end of this session, the participant will be able to:

- Describe changes in hypertension guidelines
- Recommend appropriate pharmacologic therapy for hypertension
- Identify nonpharmacologic treatments for hypertension

10:30am - 10:45am Break to View Exhibits

10:45am - 11:15am

Screening and Prevention (Barry)

Objectives: At the end of this session, the participant will be able to:

- Discuss the potential benefits and harms of cancer screening
- Discuss the importance of overdiagnosis in cancer screening
- Summarize current recommendations for screening for various cancers:

11:15am - Noon

New Drugs (Rowland)

Objectives: At the end of this session, the participant will be able to:

- Describe the new drug approval pathway
- Identify new-to-market medications
- Implement new medications into practice when appropriate

Essential Evidence Faculty:



Henry C. Barry, MD, MS is a professor of Family Medicine and Senior Associate Dean for Faculty Affairs and Development in the College of Human Medicine at Michigan State University. After graduating from the University of Maryland, he completed his family medicine residency at St. Lawrence Hospital in Lansing, Michigan and completed a master's in Clinical Research Design and Statistical Analysis at the University of Michigan School of Public Health. For over 20 years, as one of the original "POETs," he and colleagues have generated nearly 6000 POEMs – Patient Oriented Evidence that Matters – short critical summaries of original research on topics relevant to primary care physicians.



Kate Rowland, MD, MS, FAAFP, is an Assistant Professor at Rush Medical College and faculty at the Rush Copley family medicine residency. She graduated from Rush Medical College, the Advocate Illinois Masonic family medicine residency, and the University of Chicago primary care clinical research fellowship. She is an associate medical editor for the AAFP's FP Essentials and sits on the editorial board of the Journal of Family Practice. She is also the current board chair of the Illinois Academy of Family Physicians.

12:00pm - 1:30pm

Lunch

Transforming Obesity Care With Incretin-Based Therapies: Strategies to Empower Primary Care Clinicians

- Eden Miller, DO; Juan Carlos Venis, MD, MPH, FAAFP

Learning Objectives

As a result of this educational curriculum, learners will be better able to:

- Outline the rationale for treating obesity as a chronic, relapsing disease
- Evaluate current efficacy and safety evidence for incretin-based obesity management therapies, including health-related outcomes
- Apply guideline-recommended strategies to initiate and individualize obesity treatment in the primary care setting

12:00pm - 1:30pm

Foundation Board of Trustees (Lunch)

1:30pm - 3:00pm

Town Hall Meeting: The State Of Health In Indiana **- Lindsay Weaver, MD, FACEP**

Hear the latest developments on the many pressing issues that the IDOH is focusing on.



As chief medical officer for the Indiana Department of Health (IDOH), **Lindsay Weaver, MD, FACEP** provides clinical input and support to all agency divisions. She joined IDOH as chief medical officer Feb. 3, 2020. She immediately jumped into the role, helping to lead the state's pandemic response by spearheading the development of the statewide lab testing network to expand COVID-19 testing capacity in Indiana. Dr. Weaver also led the statewide distribution of COVID-19 vaccines and therapeutics.

Dr. Weaver is also an assistant professor of clinical emergency medicine at the Indiana University School of Medicine and continues to practice emergency medicine at Methodist Hospital in Indianapolis. She is board certified in both emergency medicine and hospice and palliative care medicine.

She earned her undergraduate degree in biology at the University of Kentucky and graduated from the University of Louisville School of Medicine. She received residency training in emergency medicine and fellowship training in hospice and palliative medicine at Indiana University School of Medicine, and she completed a fellowship in ethics at the Charles Warren Fairbanks Center for Medical Ethics at Indiana University Health.

She also chairs the Indiana Commission for Women.

Dr. Weaver and her husband have five daughters.

3:00pm - 5:30pm

Essential Evidence CME Program, Cont.

Refer to morning session description for more information

3:00pm - 3:30pm

Dementia (Rowland)

Objectives: At the end of this session, the participant will be able to:

- Discuss updated definitions of dementia
- Identify new treatments for Alzheimer dementia
- Describe preventive measures for dementia

3:30pm - 3:45pm Break to View Exhibits

3:45pm - 4:15pm

Musculoskeletal Update (Barry)

Objectives: At the end of this session, the participant will be able to:

- Discuss diagnostic strategies in patients with musculoskeletal pain
- Discuss recent research on non-traditional and traditional analgesics
- Summarize recent clinical practice guidelines

4:15pm - 5:00pm

Diabetes (Rowland)

Objectives: At the end of this session, the participant will be able to:

- Decouple A1c and glucose targets from outcomes
- Describe the link between obesity & T2D

- Discuss the rapidly evolving role of GLP-1 receptor agonists in the management of diabetes

5:00pm - 5:30pm

Editor's Choice (Barry and Rowland)

Objectives: At the end of this session, the participant will be able to:

- Summarize a selection of recent research studies and clinical trials on a variety of topics such as urinary tract infections, eczema severity in infants, ischemic stroke, etc.
- Describe and discuss ways in which these studies' conclusions may affect patient care recommendations

7:00pm - 9:00pm

Trivia Night



Enjoy dinner and Trivia Night on Friday! You and your trivia team can test your knowledge with our friends at Hambone's during our family-friendly trivia game. Don't have a team? We'll help you create one! Wear your favorite hat (and matching outfit if you like!) and capture the memories with your friends and family in our photo booth. Don't have a hat? Come as you are - we'll have plenty of extras!

Saturday, July 18

7:45am - 8:45am

Non-CME Breakfast supported by Axsome Pharmaceuticals *A High Science Review: Glutamate: The Neurotransmitter at the Nexus of Psychiatry* - Jay Fawver, MD



Jay D. Fawver, MD, has been a telehealth psychiatrist with Cameron Psychiatry since December, 2023, previously working as the medical director at Mind-Body Medicine, in Fort Wayne, Indiana since 2013.

Since October 2019, Dr. Fawver has been a certified Epic Physician Builder of electronic medical records, and since 2020, Dr. Fawver's clinical team has initiated telehealth for outpatients utilizing the new Epic Video Client internet platform. Utilizing this platform from their smartphones, tablets or laptops, patients are prompted to complete outcome questionnaires on their MyChart portals up to 5 days prior to each appointment. These outcome metrics guide treatment decisions and enhance the personalization and efficiency of the outpatient video visit.

Dr. Fawver is a Clinical Professor of Psychiatry at the Indiana University School of Medicine and is board certified by the American Board of Psychiatry and Neurology. He has been named a Distinguished Life Fellow of the American Psychiatric Association. A graduate of Purdue University School of Pharmacy, Dr. Fawver was a pharmacist prior to his medical training, and he has been an advisor to several pharmaceutical companies for over 30 years, participating as a principal investigator and assisting in the development of medication studies and outcomes of disease states such as depression, bipolar disorder, schizophrenia, fibromyalgia and the genetic correlations with medication treatment outcomes. He has lectured on these topics to psychiatrists across North America and in South America, Europe and the Middle East.

Since 1997, he has been the host and producer of the Public Broadcasting System's Matters of the Mind with Dr. Jay Fawver, a weekly 30-minute live call-in television program addressing mental health topics.

9:00am - 12:00pm

General CME Sessions

Targeting Aldosterone in HF and CKD - Kevin Miller, DO

Despite advances in the management of patients with heart failure (HF) and chronic kidney disease (CKD) in recent years, significant knowledge and care gaps exist among clinicians. Novel, emerging mechanisms and therapies, such as directly targeting aldosterone in HF and CKD are less familiar to clinicians. Effective diagnosis and treatment of HF and CKD require early identification and diagnosis, implementation of evidence-based, guideline-recommended therapies, and multidisciplinary care.

Learning Objectives:

At the end of the presentation, participants will be able to:

- Describe the role of aldosterone in HF and CKD, including its impact on cardiovascular and renal diseases, and clinical trials evaluating agents targeting aldosterone in these diseases.

- Implement correct strategies for identification and diagnosis of HF and CKD.
- Apply guideline recommendations and current evidence when designing guideline-directed medical therapy regimens for HF and CKD to reduce disease progression and improve patient outcomes.
- Integrate multidisciplinary care into diagnosis and treatment of HF and CKD to promote coordinated management across care settings.

This activity is supported by educational grant(s) from Boehringer Ingelheim Pharmaceuticals, Inc.



Kevin Miller, DO, is a board-certified family physician with Osteopathic training. He earned his medical degree from Kirksville College of Osteopathic Medicine in 1996 and completed an Osteopathic teaching fellowship. Dr. Miller moved to the Pacific Northwest with his physician wife, where he co-founded Diabetes Nation, a non-profit organization, and Diabetes and Obesity Care, where he currently practices.

With over 25 years in medical practice, Dr. Miller has held various roles, including president, CME director, and health policy advocate for the Osteopathic Medical Association of Oregon over a 20-year period. He and his wife are also founders and board members of Type 1 Buddy Camp, which celebrated its 10th camp in August 2024.

Dr. Miller is a family physician at heart and he has dedicated much of his career to caring for individuals as a small-town primary care provider. He has a special interest in disease prevention and in prediabetes. In 2023 he presented on diabetes prevention at the 83rd ADA Scientific Sessions and developed modules on diabetes prevention for Diabetes is Primary. With a strong background in quality improvement, Dr. Miller continues to provide valuable insights and knowledge to help primary care providers find greater success in their care of patients.

The Wake-Up Workshop Initiative: Your Practical, Comprehensive Guide to Obstructive Sleep Apnea - Douglas Maready, MD & Carrissa Hankins

The Wake-Up Workshop Initiative is designed to equip primary care physicians, nurse practitioners, and physician assistants with practical knowledge and tools to identify, diagnose, and manage obstructive sleep apnea (OSA). With up to 80% of cases undiagnosed, this activity addresses the critical need for improved detection and treatment.

Participants will examine the impact of OSA on overall health, its connection to chronic comorbidities, and evidence-based strategies for screening, diagnosis, obesity management, and long-term treatment monitoring—supporting improved patient care and outcomes.

Learning Objectives:

After completing this activity, the participant should be better able to:

- Discuss the importance of diagnosing obstructive sleep apnea (OSA), including its relationship to disease associated complications
- Screen patients for and diagnose OSA using evidence-based guideline recommendations

- Develop guideline-directed obesity management plans for patients with OSA as part of an evidence-based OSA treatment strategy
- Monitor treatment for OSA and modify therapy, as appropriate



Douglas Maready, MD, DiplABIM, DiplABOM, is the Chief Medical Officer of Forte–Well Being, an integrative primary care and obesity practice in Mesa, Arizona, and serves as the President of the Arizona Obesity Organization. Board certified in Internal Medicine and Obesity Medicine, Dr. Maready trained in internal medicine at Oregon Health & Science University after earning his MD at Tulane University School of Medicine. He completed additional training in Lean Healthcare at Belmont University and has spent his career building team-based, evidence-based primary care models. He is an active member of the Obesity Medicine Association and a frequent speaker on obesity pharmacotherapy, GLP-1 receptor agonists, and the design of obesity-forward primary care practices. Through his DougMareadyMD.com platform, he educates clinicians and patients alike on the science and treatment of obesity as a chronic disease.



Carrissa Hankins, MSN, APRN, FNP-C, is a master's-prepared family nurse practitioner, Sleep Medicine coach & consultant, direct specialty care clinician, speaker, and course creator with a focus on sleep apnea awareness & management. She is the owner/operator of Hello Sleep Health & The Sleep NP LLC.

Carrissa graduated from Widener University in Chester Pennsylvania with a Bachelor of Science in Nursing in 2007 and a Masters of Science in Nursing in 2009. Her clinical background includes serving as an adjunct clinical nursing instructor (2008-2009), as well as clinic work in outpatient pulmonology (2019-2022), sleep medicine (2011-2019), and urgent care (2009-2011). She is also a US military veteran (1999-2007).

Carrissa has a passion for helping sleep apnea sufferers on their journey to treatment success, whether directly through 1:1 coaching and online course content or via healthcare provider training on sleep and pulmonary medicine topics. She has developed a knack for explaining complicated concepts in fun, easy-to-understand ways.

AAFP Update - Kathleen Mueller, MD, FAAFP



Kathleen N. Mueller, MD, FAAFP, serves as the system director for integrative medicine and cancer survivorship for Nuvance, a seven-hospital health system in Connecticut and southeastern New York. Dr. Mueller currently serves on the AAFP Board of Directors. She is also lead editor of Core Content Review of Family Medicine, a medical education program written by and for family physicians. She is a proud graduate of the University of Connecticut School of Medicine and stayed at UConn to complete her residency.

Dr. Mueller began her career as an employee at a five-physician practice with family medicine and obstetrics in her hometown of Windsor, Connecticut. Frustrated with the lack of resources for pain management for her patients, she sought advanced training in medical hypnosis and acupuncture. She then transitioned to her own two-physician, direct integrative and primary care practice, where she served her community for 10 years. She speaks on health, wellness and integrative medicine topics both regionally and nationally, and led the expansion of integrative services as medical director for the Center for Integrative Medicine at Saint Francis Hospital in Hartford, Connecticut.

After completing a two-year fellowship in integrative medicine at the University of Arizona in 2012, Dr. Mueller was selected as the first chief wellness officer of Saint Francis

Hospital. She is passionate about improving the health and well-being of those who serve in health care. After the pandemic, she was tasked with developing a regional integrative medicine program for the Trinity Health of New England system and served as the director of the Centers for Integrative Medicine & Health for three years.

Woven through her career has been her work with the Connecticut AFP and AAFP. It is with and through these organizations that she honed her leadership and public speaking skills, and fueled her desire to help transform our disease care system to a health care system that focuses on wellness and prevention. Because of her own unique career, mentoring new physicians is also part of her mission, helping them design and follow their own special paths in family medicine.

Dr. Mueller is married with three children and loves to hike, garden, sew and read.

12:00pm - 2:00pm Lunch & Congress of Delegates

Our Congress is your chance to take an active role in IAFP business. All members are invited and encouraged to attend because every member is a delegate, and every participant will have a vote and voice.

2:00pm - 3:00pm Board of Directors Meeting

2:00pm - 5:15pm General CME Sessions

CGM in Primary Care: From Data to Decisions - Eden Miller, DO

Continuous Glucose Monitoring is crucial to the management of your patients with diabetes, and there are challenges with translating the resulting data into practical treatment decisions in primary care. This presentation will dive into those challenges, as well as considering what's next in the world of CGM, and using CGM to ease the patient burden.

Learning Objectives:

At the end of the presentation, participants will be able to:

- Apply accurate strategies for interpreting CGM data to inform diabetes treatment decisions and support integration of CGM into clinical practice
- Integrate CGM into routine care of patients with diabetes in primary care settings who would benefit from CGM use
- Describe new and emerging CGM technologies, such as OTC CGM devices and continuous ketone monitoring, including how they can be integrated into clinical practice
- Collaborate with the multidisciplinary health care team for diabetes care and incorporation of CGM into diabetes management.

This presentation is supported by an educational grant from Abbot Diabetes Care



Eden Miller, DO, an Osteopathic board-certified family physician, received her medical degree from Kirksville College of Osteopathic Medicine in 1997. Returning to the Northwest, she completed her residency in Family Practice at East Moreland Hospital in Portland, Oregon. Recently completing her certification in Obesity management, she is the founder of Diabetes Nation a nonprofit organization, and CEO of Diabetes and Obesity Care LLC where she practices with her husband Dr. Kevin Miller in Bend.

Dr. Miller has cultivated a special interest in diabetes, after contracting type-1 diabetes while in medical school. Out of that personal experience, her practice has extended into a subspecialty in diabetes care. An impassioned speaker, Dr. Miller has given over 1250 lectures in the field of Diabetes to health care providers and patients alike, on subjects such as Diabetes Management, CGM Technology, Insulin Pump Therapy, Obesity and Metabolism intervention, Clinical Research, and Healthcare Policy. Her adage for care is that she *“only succeeds as a provider if she turns patients into experts on their own disease”*.

Dr. Miller believes that a “physiologic patient individualized approach to diabetes intervention is crucial to success. She feels if our nation is to triumph over the ravages of diabetes, a collaborative effort; unhindered by fear of personal scrutiny, and barriers for effective treatment need to be removed”.

For her, Diabetes and Obesity Care provides the foundational model to impact the people that represent this disease and begin the process of restoring hope back to their lives.

Early Clues, Better Outcomes: Rethinking MCI and AD Management - Gary Small, MD

Recent advances in disease-modifying therapies have intensified the need for targeted education on the evaluation and management of mild cognitive impairment (MCI) and Alzheimer’s disease (AD). Expanding knowledge will strengthen routine cognitive assessment, promote appropriate use of diagnostic tools such as biomarker testing, deepen understanding of available treatments, and clarify when referral to specialty care is appropriate. At the same time, the growing demand for dementia care specialists underscores the essential role of primary care clinicians in recognizing and managing early symptomatic Alzheimer’s disease—including MCI due to AD and mild AD dementia.

Learning Objectives:

At the end of the presentation, participants will be able to:

- Implement structured approaches to screening and evaluating diagnosing MCI and dementia due to AD in adults at risk for cognitive decline.
- Select appropriate AD biomarker tests and interpret their results to guide eligibility and referral amyloid-targeting therapies in patients with MCI or mild dementia due to AD.
- Formulate individualized pharmacologic treatment plans for MCI and mild dementia due to AD, based on patient characteristics and preferences.

This presentation is supported by an educational grant from Lilly USA, LLC



Gary Small, MD, is an internationally renowned psychiatrist, neuroscientist and expert on brain aging, Alzheimer's disease, and dementia prevention. He was professor of psychiatry and director of the UCLA Longevity Center until 2020, when he became professor and chair of psychiatry at Hackensack Meridian School of Medicine, chair of psychiatry at Hackensack University Medical Center, and vice president, behavioral health physician-in-chief and the Hovnanian Family Foundation Chair for Hackensack Meridian Health, where he currently serves as Director of Behavioral Health Breakthrough Therapies.

Dr. Small was among the scientific team that discovered the major known genetic risk for Alzheimer's disease, APOE-4, and was a co-inventor of the first brain scanning method that images the Alzheimer's amyloid and tau proteins in living people. In addition to testing novel interventions for delaying the onset of Alzheimer's disease, he has developed lifestyle and memory training programs that are available throughout the U.S.

Dr. Small has authored more than 500 scholarly articles and 15 popular books, including the international best seller, *The Memory Bible*. His work has been featured in *The New York Times*, *Wall Street Journal*, *London Times*, *Washington Post*, *Time Magazine*, *Newsweek*, *AARP Magazine*, *CNN*, *ABC Evening News*, *Good Morning America*, and *The Today Show*. *Scientific American* magazine named him one of the world's top innovators in science and technology.

The Good Gut: How to Build and Maintain a Healthy Microbiome **- Kathleen Mueller, MD, FAAFP**

Learning Objectives:

At the end of the presentation, participants will be able to:

- Define and characterize the gut microbiome, and its role as a complex ecosystem that impacts various systemic conditions like obesity, diabetes, and psychiatric disorders.
- Analyze the clinical benefits and applications of short-chain fatty acids (SCFAs), specifically butyrate, in supporting colonocyte energy production, modulating the immune system, and potentially preventing neurodegenerative and psychiatric conditions.
- Evaluate therapeutic interventions for microbiome restoration, such as dietary modifications involving Microbiota Accessible Carbohydrates (MACs) and the strategic use of probiotics

Refer to Saturday morning's "AAFP Update" for Dr. Mueller's biography.

6:00pm - 7:00pm Board of Directors Dinner, President's Installation, & Awards Recognition
(Ticket Required)

7:00pm - 9:00pm Board Dinner (Ticket Required)

Sunday, July 19

9:00am - 1:00pm KSA Study Group: *Asthma* (concurrent session)

- Matt DuPre, MD, FAAFP

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
- Facilitator will guide you through all 60 questions of the Knowledge Self-Assessment (KSA) module, part of the ABFM's certification process.
- Engage in discussion and debate to help you decide on the correct answer as a group.
- Benefit from automatic reporting of your answers to the ABFM – your account will show you've successfully completed this KSA.
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- KSA Study Group registration is limited to enable group discussion - please register as early as possible!

9:00am - 1:00pm KSA Study Group: *Care of Women* (concurrent session) -

- Teresa Lovins, MD, FAAFP

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
- Facilitator will guide you through all 60 questions of the Knowledge Self-Assessment (KSA) module, part of the ABFM's certification process.
- Engage in discussion and debate to help you decide on the correct answer as a group.
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----- ***This agenda is subject to change due to unforeseen circumstances*** -----

CME SESSION CREDIT INFORMATION: Application has been made to the American Academy of Family Physicians for 17.0 AAFP Prescribed CME credits. Determination of credit is pending. Updated credit certificates will be available on site.

AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)[™] toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

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