



## INDIANA ACADEMY of FAMILY PHYSICIANS

76th IAFP Annual Convention  
July 17-20, 2025  
French Lick Resort

## Agenda

### CME PROGRAM DESIGNED FOR FAMILY PHYSICIANS

Earn up to 17.0 Prescribed AAFP CME credits plus an additional 8 Prescribed AAFP CME credits per KSA Study Group at a meeting planned by family physicians to meet the needs of family physicians. Our medical education program is based specifically on previous attendee evaluations and member needs assessments. Four ABFM KSA Study Groups will be offered as optional sessions (two concurrent KSAs on Thursday afternoon; two concurrent KSAs on Sunday morning), each offering 8 AAFP Prescribed CME credits.

### EARLY BIRD REGISTRATION PRICING

**Please note: Onsite registration fee will increase by \$100!**

	AAFP Member	Non-AAFP Member
<b>Full Conference Registration Fee</b>	<b>\$645</b>	<b>\$745</b>
Includes: One KSA Study Group on Thursday; all General CME Sessions on Thursday, Friday, and Saturday; one KSA Study Group on Sunday; PDF of syllabus materials. IAFP members may also attend the Saturday lunch sessions of the Congress of Delegates. <b>4 tickets to Friday's Trivia Night are also included!</b>		
<b>Thursday</b>	<b>\$270</b>	<b>\$370</b>
<b>Friday</b>	<b>\$270</b>	<b>\$370</b>
<b>Saturday</b>	<b>\$270</b>	<b>\$370</b>
<b>Sunday (KSA Only)</b>	<b>\$200</b>	<b>\$300</b>
Please Note: Academy Business Meetings are open to all IAFP members regardless of attendance at CME sessions - you may register free of charge using the registration form on our website.		
<b>Electronic Syllabus</b>	<b>Free</b>	<b>Free</b>
<b>Printed Syllabus</b>	<b>\$50</b>	<b>\$50</b>
<b>Friday evening Trivia Night (Additional Ticket)</b>	<b>\$25</b>	<b>\$25</b>
<b>Note: 4 tickets are included with full conference registration (attendees aged 2+ require a ticket)</b>		

### AAFP Prescribed CME Credits By Day

Assuming all CME sessions are attended:

<b>Thursday</b>	<b>3.75 credits for CME; 8.0 credits for KSA Study Group</b>
<b>Friday</b>	<b>6.5 credits for CME</b>
<b>Saturday</b>	<b>6.75 credits for CME</b>
<b>Sunday</b>	<b>8.0 credits for KSA Study Group</b>

Application for CME credit will be filed with the American Academy of Family Physicians. Determination of credit is pending. Updated credit certificates will be available on site.

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## **Thursday, July 17**

7:45am - 8:45am

### **CME Breakfast**

#### ***BRIDGING COMMUNITY: Collaborative Efforts in Early Detection and Intervention for Alzheimer's Disease***

Clinicians encounter several challenges in addressing the practice gap related to cognitive decline and Alzheimer's disease. These include staying current with and applying evidence-based practices to mitigate modifiable risk factors, recognizing the significance of early detection and timely referral for early-stage AD diagnostics and treatment, and effectively developing personalized communication strategies to discuss brain health and cognitive issues with patients. Addressing these gaps through thoughtful and well designed education is crucial to improving outcomes for patients with mild-moderate cognitive impairment and reduce the burden of AD.

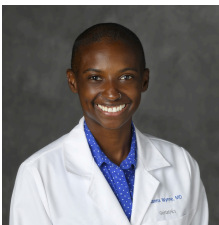
#### **Learning Objectives:**

At the end of this educational initiative, learners will be better able to:

- Integrate strategies into care plans that optimize brain health for patients with factors that increase the risk of cognitive decline and AD
- Describe the latest evidence supporting the need for the early detection of mild cognitive impairment in the AD continuum
- Develop patient-centered communication strategies to address brain health and cognitive concerns with patients and their caregivers



**Anton P. Porsteinsson, MD** is Director of the University of Rochester Alzheimer's Disease Care, Research and Education Program (AD-CARE). He is the William B. and Sheila Konar Professor of Psychiatry, Neurology, Neuroscience, and Medicine at the University of Rochester School of Medicine and Dentistry. Dr. Porsteinsson has devoted his career to the care and study of individuals with memory disorders. He has research interests in biomarkers, imaging, and novel agents in the treatment of Alzheimer's disease and other dementias, both in terms of cognitive loss and behavioral disturbances. He is a leading investigator for several prominent national and international Alzheimer's disease prevention and treatment trials. Dr. Porsteinsson is the author and collaborator of hundreds of research publications and serves as site principal investigator for multiple research grants from the National Institutes of Health and other leading funders.



**Brianna Wynne, MD, FAAFP** is a board-certified geriatrician with a family medicine background. She is faculty at AdventHealth Winter Park geriatric fellowship, which is where she completed her geriatric training and currently teaches medical students, residents and fellows. She has been involved in The Florida Society for Post-Acute and Long-Term Care Medicine's Education Committee since 2022 and is a participant in the national Post-Acute and Long-Term Care Medicine inaugural Leadership Program for 2025-2026. She is also actively engaged in the American Geriatric Society and American Academy of Family Physicians.

9:00am

## Opening of IAFP Annual Scientific Assembly and Call for Late Resolutions

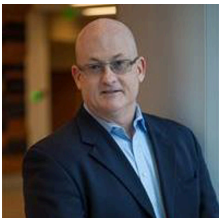
9:05am - 12:00pm

### Morning CME Workshop: *Osteopathic Approach to Common Primary Care Office Complaints* *- Luke Nelligan, DO; Angela Wagner, DO*

Have you ever wondered how osteopathic techniques could help you care for your patients? We've got the workshop for you! Learn about some techniques that can help you address conditions that you see in your busy practice, and how to get paid for doing them!

#### Learning Objectives:

- Determine appropriate osteopathic techniques to utilize in a variety of conditions that may present to a primary care office: low back pain, wrist pain/carpal tunnel in pregnancy, infant feeding difficulties, asthma, pubic bone dysfunction, otitis media, constipation, sinusitis, shoulder pain, and ankle pain
- Demonstrate the following techniques: thoracolumbar release, thoracic inlet release, carpal tunnel release, occipital inhibition, sinus effleurage, Galbreath technique, trigeminal stimulation, colonic stimulation, spencer technique, BLT to ankle
- Recognize how to incorporate osteopathic treatments into a busy primary care practice
- Discuss how to code and bill for osteopathic manipulation in primary care.



**Luke Nelligan, DO**, is Chair of Family Medicine and an Assistant Professor of Family Medicine at the Marian University Tom and Julie Wood College of Osteopathic Medicine (MU-WCOM). He previously served as Director of Medical Education at Community West Hospital in Indianapolis and Director of the hospital's Family Medicine Residency Clinic at the Speedway Pavilion. He has served as a preceptor for students, interns and residents for over twenty years.

Dr. Nelligan graduated from Philadelphia College of Osteopathic Medicine (PCOM) in 1991 and completed an internship at the Hospital of PCOM in 1992, where he served as Chief Intern. He completed his Residency in Family Medicine in 1994 at Graduate City Avenue Hospital in Philadelphia. Dr. Nelligan is Board Certified in Family Medicine and has a Certificate of Added Qualification (CAQ) in Hospice and Palliative Medicine from the American College of Osteopathic Family Physicians.

He is a Past President of the Indiana Osteopathic Association and Past President of the PCOM's Alumni Association. His professional activities include service on many state committees and medical director for hospice, home care, and nursing home companies. Dr. Nelligan also served on the IOA Steering Committee to establish an osteopathic medical school in the state, which led to the eventual formation of MU-WCOM.

Dr. Nelligan serves as a small group facilitator in the Introduction to Clinical Medicine courses and is a lecturer and table trains in the Osteopathic Principles and Practice courses.



**Angela Wagner, DO**, is an Assistant Professor of Family Medicine and Assistant Professor of Osteopathic Practice and Principles Marian University Tom and Julie Wood College of Osteopathic Medicine (MU-WCOM). Dr. Wagner was previously a full-time assistant professor at MU-WCOM from 2017-20. She is a graduate of Michigan State College of Osteopathic Medicine and is board-certified in Family Medicine and OMT through the American Board of Osteopathic Family Physicians and has a certificate of added qualification in Hospice and Palliative Medicine. She has completed one-year fellowships at the Fairbanks Center for Medical Ethics at Indiana University Health at Fairbanks Ethics and The Costin Institute for Osteopathic Medical Educators. Additionally, she has completed a Master of Arts in Health Professions Education at Michigan State University.

12:00pm - 5:30pm Exhibits Open

12:00pm - 1:00pm Past Presidents' Lunch

12:00pm - 1:30pm Lunch

**1:30pm - 5:00pm KSA Study Group: Care of Older Adults  
(Concurrent Session)**

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
- Facilitator will guide you through all 60 questions of the Knowledge Self-Assessment (KSA) module, part of the ABFM's certification process.
- Engage in discussion and debate to help you decide on the correct answer as a group.
- Benefit from automatic reporting of your answers to the ABFM – your account will show you've successfully completed this KSA.
- Earn 8 AAFP Prescribed CME credits and 10 ABFM Certification Points following successful completion of this session.
- KSA Study Group registration is limited to enable group discussion - please register as early as possible!

**1:30pm - 5:00pm KSA Study Group: Hypertension (Concurrent Session)**

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
- Facilitator will guide you through all 60 questions of the Knowledge Self-Assessment (KSA) module, part of the ABFM's certification process.
- Engage in discussion and debate to help you decide on the correct answer as a group.
- Benefit from automatic reporting of your answers to the ABFM – your account will show you've successfully completed this KSA.
- Earn 8 AAFP Prescribed CME credits and 10 ABFM Certification Points following successful completion of this session.
- KSA Study Group registration is limited to enable group discussion - please register as early as possible!

2:00pm - 3:00pm Foundation Board of Trustees Meeting

3:30pm - 5:00pm Board of Directors Meeting

5:30pm - 7:30pm Reference Committees

7:00pm - 9:00pm All Member Reception



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## **Friday, July 18**

7:45am - 8:45am     **Non-CME Breakfast Activity supported by Sanofi**  
***Explore Advancements in Type 1 Diabetes Management***  
***- Thomas Kintanar, MD***

8:30am - 5:00pm     Exhibits Open

9:00am - 12:00pm     **Essential Evidence CME Program**

This popular format, taught by nationally-recognized faculty (see following page for bios), will review and analyze recent findings from pertinent clinical research with a focus on immediate implications for your daily practice. This is a fun and engaging CME program with no clinical bias and a focus on practical application. The faculty will provide an engaging, rapid-fire review of the most important research publications of the past two years. They will present and critically appraise new research evidence and meta-analyses in 30-minute blasts that will either change your practice or confirm that your current approaches are supported by solid evidence from randomized trials and other high quality studies. Each section ends with a bottom-line summary of key take home points.

### ***Friday morning's topics:***

#### **Screening & Prevention - Henry Barry, MD**

At the end of this session, attendees will be able to:

- Discuss recent studies comparing colorectal cancer screening modalities
- Discuss the benefits and harms of screening women for breast cancer at age 40
- Discuss recent studies on adding MRI or ultrasound to mammography in women with dense breasts
- Discuss recent studies on lung cancer screening

#### **Depression & Anxiety - Kate Rowland, MD**

At the end of this session, the participant will be able to:

- Describe updates on the nonpharmacologic management of depression
- Prescribe appropriate medications for depression or anxiety, when indicated
- Identify appropriate nonpharmacologic therapies for anxiety

#### **Diabetes Update - Gary Ferrenchick, MD**

At the end of this session, the participant will be able to summarize:

- Patient vs Disease Oriented Outcomes in diabetes
- Review basic changes to the recent ADA guidelines for pharmacologic treatment of type 2 diabetes
- Deemphasizing metformin (and other more traditional meds)

- Expanding recommendations for SGLT2 inhibitors and GLP-1 receptor agonists.
- Basics of interpreting data from continuous glucose monitoring

## **Liver & Lower GI Update - Kate Rowland, MD**

At the end of this session, the participant will be able to:

- Describe relevant primary care research updates in hepatology
- Explain new research regarding the management of irritable bowel syndrome
- Discuss updates in lower gastrointestinal disease management

## **Artificial Intelligence - Gary Ferencick, MD**

At the end of this session, the participants will be able to:

- Understand key risks of AI, including bias, explainability, and the need for human oversight
- Develop foundational skills in AI fluency through effective prompting, response evaluation, and responsible iteration
- Learn how to assess AI tools for relevance and limitations

## ***Essential Evidence Faculty:***



**Henry C. Barry, MD, MS** is a professor of Family Medicine and Senior Associate Dean for Faculty Affairs and Development in the College of Human Medicine at Michigan State University. After graduating from the University of Maryland, he completed his family medicine residency at St. Lawrence Hospital in Lansing, Michigan and completed a master's in Clinical Research Design and Statistical Analysis at the University of Michigan School of Public Health. For over 20 years, as one of the original "POETs," he and colleagues have generated nearly 6000 POEMs – Patient Oriented Evidence that Matters – short critical summaries of original research on topics relevant to primary care physicians.



**Gary Ferencick, MD, MS** is Professor of Medicine at Michigan State University College of Human Medicine, where he practices general internal medicine and is deeply involved in MSU-CHM major curriculum renovation. He earned his master's degree in human nutrition and medical degree from Michigan State University and completed his residency training in internal medicine at Michigan State University College of Human Medicine, where he has been a faculty member for over 25 years. Dr. Ferencick is a Past-President of the Clerkship Directors in Internal Medicine. His research interest is the interface between medical education and information technology.



**Kate Rowland, MD, MS, FAAFP**, is an Assistant Professor at Rush Medical College and faculty at the Rush Copley family medicine residency. She graduated from Rush Medical College, the Advocate Illinois Masonic family medicine residency, and the University of Chicago primary care clinical research fellowship. She is an associate medical editor for the AAFP's FP Essentials and sits on the editorial board of the Journal of Family Practice. She is also the current president of the Illinois Academy of Family Physicians.

12:00pm - 1:30pm

**Non-CME Lunch Activity supported by Novo Nordisk**  
***Obesity Uncovered: New Data, Insights, and Clinical Strategies***  
**- Suzi Francis, PharmD, MBA, BCACP, CDCES**

1:30pm - 3:00pm

***Town Hall Meeting: The State Of Health In Indiana***  
**- Lindsay Weaver, MD, FACEP**

Hear the latest developments on the many pressing issues that the IDOH is focusing on.



As chief medical officer for the Indiana Department of Health (IDOH), **Lindsay Weaver, MD, FACEP** provides clinical input and support to all agency divisions. She joined IDOH as chief medical officer Feb. 3, 2020. She immediately jumped into the role, helping to lead the state's pandemic response by spearheading the development of the statewide lab testing network to expand COVID-19 testing capacity in Indiana. Dr. Weaver also led the statewide distribution of COVID-19 vaccines and therapeutics.

Dr. Weaver is also an assistant professor of clinical emergency medicine at the Indiana University School of Medicine and continues to practice emergency medicine at Methodist Hospital in Indianapolis. She is board certified in both emergency medicine and hospice and palliative care medicine.

She earned her undergraduate degree in biology at the University of Kentucky and graduated from the University of Louisville School of Medicine. She received residency training in emergency medicine and fellowship training in hospice and palliative medicine at Indiana University School of Medicine, and she completed a fellowship in ethics at the Charles Warren Fairbanks Center for Medical Ethics at Indiana University Health.

She also chairs the Indiana Commission for Women.

Dr. Weaver and her husband have five daughters.

3:00pm - 5:30pm

**Essential Evidence CME Program**

Refer to morning session description for more information

**Friday afternoon's topics:**

**Headache & Neurology Update - Henry Barry, MD**

At the end of this session, the participant will be able to:

- Describe thunderclap headaches and their serious underlying causes
- Summarize recent research on treating and preventing migraine headaches
- Summarize recent approaches to diagnosing and managing adults with Alzheimer's disease

**Atrial Fibrillation & Anticoagulation Update**

**- Gary Ferenchick, MD**

At the end of this session, the participant will be able to summarize:

- Data on screening for atrial fibrillation
- The thromboembolic risk associated with transient perioperative atrial fibrillation
- Perioperative oral anticoagulant management

- Aspirin vs low molecular weight heparin for orthopedic surgery prophylaxis

## Complementary & Alternative Therapies - Kate Rowland, MD

At the end of this session, the participant will be able to:

- Describe updates to the complementary and alternative medicine literature
- Explain the uses and limitations of complementary and alternative for common conditions
- Employ point of care resources relevant to complementary and alternative therapies

## Top 20 POEMs of 2024 - Henry Barry, MD

At the end of this session, the participant will be able to:

- Discuss the top 20 research studies for primary care.
- Discuss how these research studies have potential to change practice.
- Discuss POEMs consistent with the principles of the Choosing Wisely campaign

7:00pm - 10:00pm

## Trivia Night



Join us for dinner and Trivia Night! You and your trivia team can test your knowledge with our friends from Hambone's during our family-friendly trivia game. Don't have a team? We'll help you create one! This year's location is French Lick's unique Stables Event Pavilion, so come dressed in your Western-themed cowboy costume and capture the memories with your friends and family in our photo booth. Enjoy dinner and fun! *Please note that the Stables Pavilion is NOT air conditioned.*

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## **Saturday, July 19**

7:45am - 8:45am

### **CME Breakfast**

#### ***Navigating Gastrointestinal Challenges: Insight into GERD and H. pylori Management - Jonathon Firnhaber, MD, MAEd, MBA***

The goal of this 1-hour educational activity is to ensure patients with GERD (both nonerosive and erosive esophagitis) or H. pylori infection receive optimal care through appropriate diagnosis, evidence-based treatment, and ongoing monitoring.

#### **Learning Objectives**

- Describe the natural history and burden of GERD and H. pylori infections.
- Identify appropriate tests to support decision-making in the differential diagnosis of GERD and H. pylori infections.
- Individualize therapy in patients with nonerosive or erosive GERD who achieve an inadequate response to PPI therapy.
- Evaluate the latest evidence-based guidelines for the treatment of H. pylori infections, including implementing effective eradication regimens and addressing antibiotic resistance.



**Jonathon Firnhaber, MD, MAEd, MBA** is originally from the mountains of Colorado and attended the University of Colorado for both undergraduate and medical training. After Family Medicine residency with the Air Force in Fort Worth, Texas, he was stationed at Minot Air Force Base, North Dakota, for four years. He completed an additional nine years of private practice in Shelby and Chocowinity, North Carolina before joining the faculty of East Carolina University in 2006 as an Assistant Residency Director. Dr. Firnhaber transitioned to the role of Residency Program Director in 2011. He is a tenured Professor and also serves as Vice Chair for Academic Affairs in the Department of Family Medicine at ECU. Dr. Firnhaber's clinical interests include cardiovascular disease, diabetes, and office-based procedures. Outside of clinic he enjoys hiking, biking, and kayaking and is the proud father of two beautiful girls.

9:00am - 12:00pm

### **General CME Sessions**

9:00am - 10:00am

#### ***Plugging the Gaps in Hepatitis B and C Care: Understanding and Integrating New Guidelines and Advances in Disease Management - Stacey B. Trooskin, MD, PhD***

Hepatitis B virus (HBV) and hepatitis C virus (HCV) are major global health burdens, with more than 300 million people worldwide living with chronic infection. Effective direct-acting antiviral (DAA) therapies exist for HCV, yet diagnostic and treatment access remains suboptimal; achieving sustained virologic response (SVR) through DAA treatment is crucial for improving outcomes and reducing transmission. Moreover, advancements in eliminating perinatal HBV transmission have been made through universal infant immunization and timely birth dose vaccination, but HBV remains



underdiagnosed and infections are inadequately evaluated, linked to care, and undertreated.

With HCV currently causing nearly 400,000 deaths each year attributable to HCV-related liver disease and HBV deaths projected to reach 1.14 million by 2034 without intervention, it is imperative that clinicians remain aware of recent developments in HBV and/or HCV care, treatment, and support. Attendees will learn about the new WHO guidelines, which prioritize simplified treatment criteria and point-of-care testing, as well as new eligibility guidelines for HBV prophylaxis in adolescents and pregnant women. Furthermore, treatment-as-prevention strategies, the importance of achieving SVR, and adherence to DAA therapy will underscore the need to manage HBV and HCV in a range of clinical settings.

### **Learning Objectives:**

Upon completion of this activity, participants should be better able to:

- Explain unmet clinical needs and guidelines for HBV and HCV screening and treatment
- Describe HBV guideline updates in the context of treatment, testing, and eligibility for prophylaxis
- Implement evidence-based recommendations for the prevention, diagnosis, and management of HBV infections
- Apply evidence and guideline recommendations to address care scenarios encountered in HCV screening, diagnosis, and management, including strategies to address HCV transmission and achieve sustained virologic response

*This activity is supported by educational grant(s) from Gilead Sciences, Inc.*



**Stacey Trooskin, MD, PhD** is the Director of Viral Hepatitis Programs at Philadelphia FIGHT Community Health Centers and Clinical Assistant Professor of Medicine at the Perelman School of Medicine at the University of Pennsylvania. She received her MPH from Yale University School of Public Health, her medical degree from Robert Wood Johnson Medical School, and her PhD from Rutgers School of Public Health. She completed her internal medicine residency and infectious diseases fellowship at the Hospital of the University of Pennsylvania. Dr. Trooskin's primary research interest focuses on health disparities and developing and evaluating innovative models of HCV testing and linkage to care. Dr. Trooskin serves at the Chief Medical Advisor to the National Viral Hepatitis Roundtable and has served on the AASLD/IDSA HCV Guidelines Committee. She is the Community Co-chair of the Hepatitis C Allies of Philadelphia (HepCAP) and the Principal Investigator of C Change: Philadelphia's Plan to End Hepatitis C Among People who Inject Drugs.

10:00am - 11:00am

### ***Is Light Alcohol Use Good For My Patients And Me? - Kevin Terrell, DO***

### **Learning Objectives:**

- To provide complete and current information on the risks and potential benefits of alcohol use
- To share the information you will need to help your patients make decisions about whether or not to drink – and how much to drink if they choose to drink
- To allow you to have the information you need to make the same decisions for yourself



**Kevin Terrell, DO**, is board-certified in Emergency Medicine and Addiction Medicine. He is currently the physician and medical director of the Treatment and Support Center (TASC), which is the outpatient addiction medicine program at Columbus Regional Health in Columbus, IN. He attended medical school at Midwestern University in Chicago and completed his emergency medicine residency training in 2000 at Methodist Hospital in Indianapolis. In 2012, Kevin transitioned to working in the Columbus Regional Hospital ED, where he began seeing the consequences of the opioid epidemic. Pain pill overdoses were routinely coming in the ED, followed in the next year or two by an alarming number of heroin ODs. In response to the opioid epidemic, Dr. Terrell changed his career path to addiction medicine in 2017. He's been working full-time in addiction medicine at TASC since 2019.

11:00am - 11:15am Break

11:15am - 12:00pm

### ***AAFP Update - Steven P. Furr, MD, FAAFP***



**Steven P. Furr, MD, FAAFP**, a family physician in Jackson, Alabama, is board chair of the American Academy of Family Physicians. Furr is the co-founder of Family Medical Clinic of Jackson where he also serves on the staff of a rural hospital and medical director of the nursing home. Furr has cared for patients for 40 years, including obstetrics care for more than 25 years. He is a certified medical director.

Furr has been active in several medical societies at the state level, serving as president of the Medical Association of the State of Alabama and the Alabama Medical Directors Association. He served as the chair of the Alabama delegation to the American Medical Association. Furr served 11 years on the Alabama State Board of Medical Examiners and 8 years on the Alabama State Committee of Public Health.

A member of the AAFP since 1981, Furr served as an Alabama delegate to the AAFP Congress of Delegates and has chaired reference committees on Advocacy and Health of the Public and Science. He was also a member and chair of the Commission on Continuing Professional Development. At the chapter level, Furr has held various leadership roles in the Alabama Academy of Family Physicians, including chapter president and chairman of the board.

Furr is an adjunct assistant professor with the Department of Family Medicine at the University of South Alabama College of Medicine in Mobile and an adjunct assistant professor with the Department of Family, Internal and Rural Medicine at the University of Alabama School of Medicine College of Community Health Sciences in Tuscaloosa. He also acts as a volunteer instructor in the clinical Department of Family and Community Medicine at the University of Alabama at Birmingham School of Medicine.

Furr earned his Bachelor of Science degree in biology from the University of South Alabama and his medical degree from the University of South Alabama College of Medicine. He completed his residency at the University of Alabama Huntsville Family Practice Program.

He is board certified by the American Board of Family Medicine and has the AAFP Degree of Fellow, an earned degree awarded to family physicians for distinguished service and continuing medical education.

12:00pm - 2:00pm

## Lunch & Congress of Delegates

Our Congress is your chance to take an active role in IAFP business. All members are invited and encouraged to attend because every member is a delegate, and every participant will have a vote and voice.

2:00pm - 3:00pm

Board of Directors Meeting

2:00pm - 5:30pm

## General CME Sessions

2:00pm - 3:00pm

### ***Overcoming Obesity: A PCP's Guide to Comprehensive Obesity Care - Amal Othman, MD, Dipl. ABOM, FOMA***

Addressing obesity in primary care is a persistent challenge, despite established evidence-based strategies and the emergence of new anti-obesity medicines available and within the clinical pipeline. Provider-level obstacles, such as weight bias, stigma, and limited patient engagement in shared decision-making, further complicate effective weight management. In light of the expanding array of therapeutic choices for individuals with obesity, it is imperative for clinicians to adopt shared decision-making practices to improve treatment adherence, support patient goals, and foster an environment of holistic patient-centered care.

#### **Learning Objectives:**

- Integrate evidence-based approaches to diagnose, manage, and treat obesity, including in patients with concurrent comorbidities.
- Determine appropriate treatment with consideration on the latest clinical evidence, mechanism of action, side effects, drug administration frequency, and patient-specific factors when developing individualized treatment plans for patients with obesity.
- Employ shared decision-making and multidisciplinary approaches when discussing weight management strategies, including treatment and lifestyle modifications, to support optimal adherence and outcomes for patients with obesity.



**Amal Othman, MD**, is an Assistant Professor of Family Medicine, Geriatric Medicine, and Obesity Medicine at Michigan Medicine (University of Michigan) in Ann Arbor. Dr. Othman developed expertise in obesity medicine that allowed her to identify gaps in primary care. Using this expertise, Dr. Othman collaborated with experts at Michigan Medicine health system which led to developing and implementing a primary care-based obesity initiative called the Weight Navigation Program (WNP). Dr. Othman serves as the medical director for WNP, where she uses population health management principles to improve obesity treatment across the health system's primary care sites.

Dr. Othman utilizes both clinical and scholarly approaches to support institutional efforts to enhance patients' access to evidence-based obesity treatment as a root-cause approach to chronic disease prevention and management. She believes in the importance of implementing fundamental obesity medicine knowledge in medical school and residency curricula. Dr. Othman serves as the medical director of the obesity medicine elective course at the University of Michigan Medical school.

3:00pm - 3:15pm Break

3:15pm - 4:15pm

***Shedding Light on Type 2 Diabetes: Weight Management, Co-morbidities & Future Breakthroughs - Charles Vega, MD***

Comorbidities included: weight, CVD, MASH/MASLD, PCOS, mental health, etc.

**Learning Objectives:**

- Appropriately align the risks associated with excess weight in T2D and the impact of weight loss and maintenance on T2D outcomes
- Consistently employ the latest clinical data and mechanisms of action for new and emerging treatment options for T2D, including GLP-1 receptor agonists when developing comprehensive treatment plans
- Correctly apply strategies to initiate weight management conversations and engage patients with T2D in shared decision-making



**Dr. Chuck Vega** grew up in Northern California and completed his undergraduate degree at Harvard University. He attended medical school at the University of Wisconsin – Madison and completed residency training in Family Medicine at UC Irvine. He stayed on as faculty in the Department of Family Medicine at UCI and now holds the title of Health Sciences Clinical Professor. He is the Director of UCI's Program in Medical Education for the Latino Community and won a Macy Faculty Scholarship to improve patient-centered health education at UCI. He currently serves as Assistant Dean for Culture and Community Education in the UC Irvine School of Medicine.

Dr. Vega has seen patients and taught medical students and residents at UC Irvine's Family Health Center – Santa Ana for the past 27 years. This clinic is a federally-qualified health center and the largest safety-net clinic for Orange County. Dr. Vega's academic interests are focused on access to quality, compassionate medical care for underserved populations, and the development of training programs to promote this vision of healthcare.

4:15pm - 5:15pm

***From Trauma to Treatment: Managing PTSD in the Primary Care Setting - Charles Vega, MD; Lori L. Davis, MD***

An educational initiative designed to enhance the ability of primary care clinicians to screen, refer, treat and monitor patients with suspected or diagnosed post-traumatic stress disorder (PTSD).

**Learning objectives:**

- Recognize the prevalence of PTSD in the civilian population and incorporate strategies to routinely screen for trauma/PTSD.
- Implement standardized approaches to diagnose PTSD in an accurate and timely manner while considering patient characteristics and comorbidities.
- Identify patients requiring referral to specialty care.
- Evaluate the limitations of PTSD treatments, including gaps in symptom coverage, safety concerns and their efficacy across diverse patient populations.

- Compare the mechanism of action, efficacy and safety profiles of current PTSD treatments with emerging agents.
- *This presentation is sponsored by Novus Medical Education and supported by an educational grant from Otsuka America Pharmaceutical, Inc. and Lundbeck*



**Lori L. Davis, MD**, is a Clinical Professor of Psychiatry in the Department of Psychiatry and Behavioral Neurobiology at the University of Alabama at Birmingham (UAB). She also serves as a Senior Research Psychiatrist at the Birmingham VA Health Care System.

Dr. Davis earned her undergraduate degree in Studio Art from Duke University and her medical degree from the University of North Carolina at Chapel Hill. She completed her psychiatry residency at UAB.

With over 35 years of experience in the medical field, Dr. Davis specializes in designing and conducting clinical trials focused on the treatment of post-traumatic stress disorder (PTSD), treatment-resistant depression, and substance use disorders, including alcohol and opioid use disorders. Her research encompasses pharmacological treatments, psychotherapies, mindfulness-based practices and supported employment interventions.

Dr. Davis is affiliated with multiple medical centers, including the Tuscaloosa VA Medical Center and DCH Regional Medical Center. She is board certified in Psychiatry by the American Board of Psychiatry and Neurology.



**Dr. Chuck Vega** grew up in Northern California and completed his undergraduate degree at Harvard University. He attended medical school at the University of Wisconsin – Madison and completed residency training in Family Medicine at UC Irvine. He stayed on as faculty in the Department of Family Medicine at UCI and now holds the title of Health Sciences Clinical Professor. He is the Director of UCI's Program in Medical Education for the Latino Community and won a Macy Faculty Scholarship to improve patient-centered health education at UCI. He currently serves as Assistant Dean for Culture and Community Education in the UC Irvine School of Medicine.

Dr. Vega has seen patients and taught medical students and residents at UC Irvine's Family Health Center – Santa Ana for the past 27 years. This clinic is a federally-qualified health center and the largest safety-net clinic for Orange County. Dr. Vega's academic interests are focused on access to quality, compassionate medical care for underserved populations, and the development of training programs to promote this vision of healthcare.

6:00pm - 7:00pm      Board Reception (Ticket Required)

7:00pm - 9:00pm      Board Dinner (Ticket Required)



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## **Sunday, July 20**

**9:00am - 1:00pm**

### **KSA Study Group: *Health Counseling & Preventive Care* (concurrent session)**

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
- Facilitator will guide you through all 60 questions of the Knowledge Self-Assessment (KSA) module, part of the ABFM's certification process.
- Engage in discussion and debate to help you decide on the correct answer as a group.
- Benefit from automatic reporting of your answers to the ABFM – your account will show you've successfully completed this KSA.
- Earn 8 AAFP Prescribed CME credits and 10 ABFM Certification Points following successful completion of this session.
- KSA Study Group registration is limited to enable group discussion - please register as early as possible!

**9:00am - 1:00pm**

### **KSA Study Group: *Care of Children* (concurrent session)**

- Complete the 60-question Knowledge Self-Assessment (KSA) with other family physicians in a fast paced, group discussion format facilitated by a family physician experienced with the topic.
- Facilitator will guide you through all 60 questions of the Knowledge Self-Assessment (KSA) module, part of the ABFM's certification process.
- Engage in discussion and debate to help you decide on the correct answer as a group.
- Benefit from automatic reporting of your answers to the ABFM – your account will show you've successfully completed this KSA.
- Earn 8 AAFP Prescribed CME credits and 10 ABFM Certification Points following successful completion of this session.
- KSA Study Group registration is limited to enable group discussion - please register as early as possible!

----- ***This agenda is subject to change due to unforeseen circumstances*** -----

**CME SESSION CREDIT INFORMATION:** Application will be made to the American Academy of Family Physicians for 17.0 AAFP Prescribed CME credits. Determination of credit is pending. Updated credit certificates will be available on site.

**AMA/AAFP Equivalency:** AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)<sup>™</sup> toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

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